



**Introducing the Anne Robson Helpline - If you or someone close to you is dying, you can talk to us.**

At the Anne Robson Trust we aim to be there to listen to anyone who is struggling with the imminent death of someone they care about. We know that facing the end of life can leave you isolated and alone.

Calls are free and confidential – **Call us on 0808 801 0688**

Being able to access support whilst a loved one is dying is really important for a number of reasons. Gaining knowledge of what may happen towards the end and having a sense of 'preparedness' helps both the person dying and their family gain as much control as possible.

Please visit [www.annerobsontrust.org.uk/helpline-service](http://www.annerobsontrust.org.uk/helpline-service) to find out more.